

MY JOURNEY

ÉECO-CITIZEN OF TOMORROW



# Play the eco-citizen

Éco  
citoyen  
DE DEMAIN



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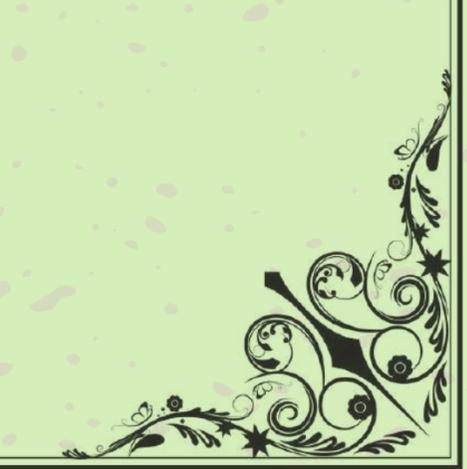
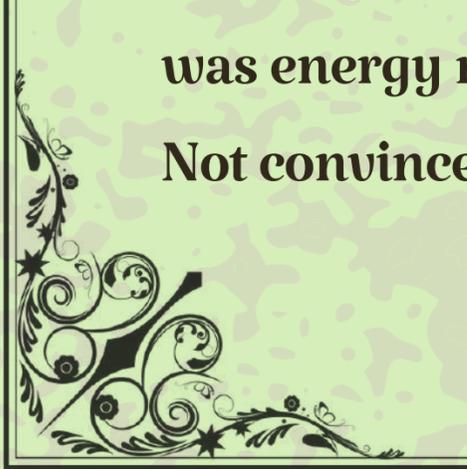
# CLARA'S JOURNEY

Hi! I'm Clara, 15 years old, and until not so long ago, I was what you'd call totally "eco-unconscious." Seriously — between my endless streaming marathons, long showers, and chips wrapped in three layers of plastic, the environment was way, way down on my priority list.

But everything changed one Saturday morning. My science teacher, Mrs. Lebrun (nicknamed "Madame Compost" by the class clowns), signed us up for an event called "The Hunt for Lost Energy," organized by the city. "You'll see, it'll be fun and educational!" she said. All I heard was "Mandatory," "Saturday morning," and "Wake up at 7:30." Basically, a nightmare.

To my great surprise, the game was set up like a real-life adventure: a mix of treasure hunt, escape room, and physical challenge. Each team had a city map with locations to visit and riddles to solve. And guess what? The central theme was energy management and environmental protection. Awesome, right?

Not convinced? Just wait — it gets better.



## A SHORT STORY

# CLARA'S JOURNEY



## First Stop: The Eco-Logic House

Our mission was to identify the household appliances that waste energy unnecessarily. Once we got there, I quickly realized that turning off the lights when leaving a room is just the basics. But did you know that a phone left plugged in after it's charged keeps sucking power? Or that Wi-Fi boxes use electricity 24/7? Verdict: I was a walking environmental disaster. Oh, and I learned a new word: "phantom energy." Spooky, right?

A SHORT STORY

## CLARA'S JOURNEY

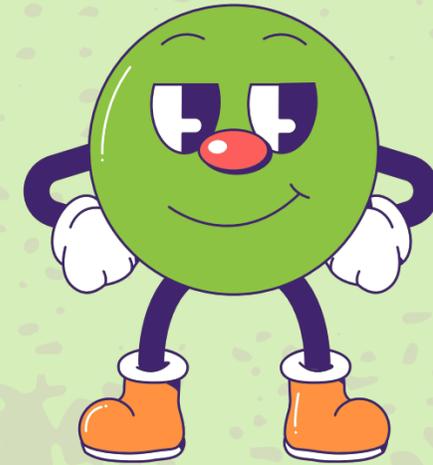


### **Second Stop: The Forest of Recycled Ideas**

Here, the challenge was to build a mini wind turbine using recycled materials. At that moment, I wondered why we buy everything pre-made when we can create awesome stuff with just some cardboard and an old bike wheel. My team turned a plastic bottle into a working turbine — and it actually worked! I felt like a little eco-engineer.

A SHORT STORY

## CLARA'S JOURNEY



### **Third Stop: The Market of the Future**

This was a quiz about our consumption habits. We faced dilemmas like: “Buy a fast-fashion t-shirt or save up for an ethically made sweater?” I realized that every choice matters — and that I often picked the easiest option without thinking of the consequences.

Spoiler alert: my resolution for 2024 is to boycott unnecessary packaging. Bye-bye, chips in plastic bags!

A SHORT STORY

## CLARA'S JOURNEY



### **Fourth Stop: The Garden of Renewable Energies**

This workshop taught us how to make a mini solar oven using cardboard, aluminum foil, and plastic wrap. The challenge: cook a slice of apple. And guess what? It worked! It also gave me some ideas for how to reduce my electricity use — especially in summer.

A SHORT STORY

## CLARA'S JOURNEY



### **Fifth Stop: The River of Hidden Waste**

A riddle led us to the edge of a river, where we had to spot and collect trash thrown into the water.

While cleaning up, I saw the direct impact pollution has on ecosystems. A powerful lesson: every piece of litter matters — even if it ends up “far from home.”

A SHORT STORY

## CLARA'S JOURNEY



### **Sixth Stop: The Eco-Actions Workshop**

We learned tips to save water and energy in everyday life: installing faucet aerators, using short cycles on the washing machine, and even making our own cleaning products with white vinegar. Practical and budget-friendly!

A SHORT STORY

## CLARA'S JOURNEY



### **Seventh Stop: The Maze of Responsible Consumption**

A challenging course where we had to choose between “responsible” products and their polluting alternatives. It felt like a video game, but with very real consequences. The result: my team managed to reduce its virtual carbon footprint by 50%!



A SHORT STORY

## CLARA'S JOURNEY



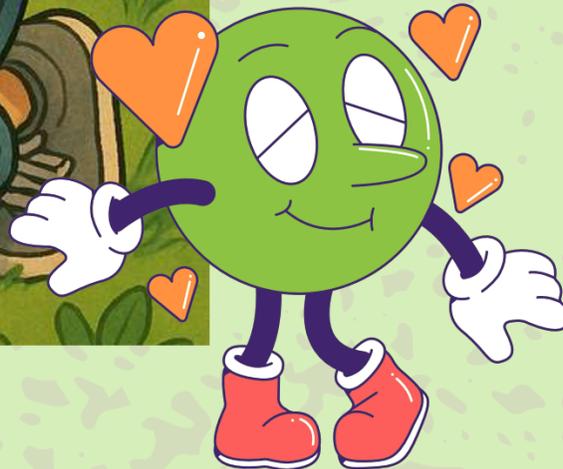
### **Eighth Stop: The Climate Mural**

A large creative workshop where we drew our ideas for a sustainable future. It helped me visualize how everything is interconnected: our individual choices impact natural resources, animals, and even other people.



A SHORT STORY

## CLARA'S JOURNEY

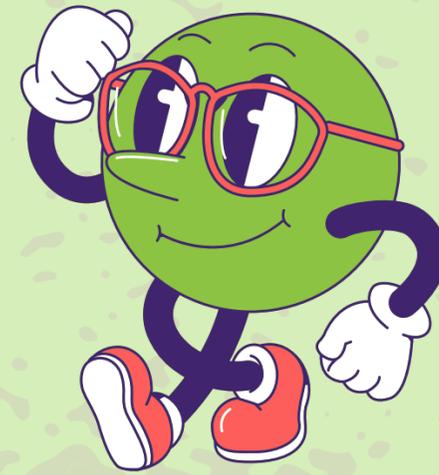


### **Ninth Stop: The Biodiversity Park**

We explored a green space in the city to learn how to recognize plants and insects that play a key role in the ecosystem. Did you know that planting local flowers can save bees? Neither did I, until that day.

A SHORT STORY

## CLARA'S JOURNEY



### **Tenth Stop: The Great Eco-Citizens Debate**

To wrap up the day, each team presented their ideas to raise awareness in the local community. We proposed creating an eco-club at school and launching a social media campaign to promote simple and effective actions. Madame Compost was over the moon!

# In summary

Even when turned off,  
your device can consume

We can create clever things  
with just a few materials!

Knowing how to buy is  
acting for the planet!

Think alternatives and  
consume less

A piece of trash picked  
up, a river relieved!

Every small action  
makes a difference

Ethical consumption  
reduces our footprint.

Our local actions have  
global effects

Biodiversity starts in  
the garden

Change starts with  
collective action



# KNOWLEDGE QUIZ

- ◆ **TEST YOUR UNDERSTANDING AND YOUR NEW KNOWLEDGE AS AN ECO-CITIZEN OF TOMORROW**
- ◆ Log in online and take the quiz to discover your new level!

